



St Francis of Assisi Catholic Primary School

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Dear Parents/Carers,

We will shortly begin our yearly RSE (Relationship and Sex Education) programme. As last year, we will use "All That I Am" for years 5 to 6. This work will be covered in the final half term before the school breaks up for summer. The scheme is taught over five lessons with a different focus each lesson (see below). The physical lesson that focuses on changes in puberty will be taught to girls and boys separately but girls and boys will cover the same objectives. If you wish to view the resources and/or discuss any aspect of the RSE programme, please see your child's class teacher.

Focus	Learning Objectives for Year 5
Individual	<ul style="list-style-type: none">- that they are unique and made in the image of God- that physical and emotional growth is common to all of us and a normal part of becoming an adult- to accept and respect themselves
Physical	<ul style="list-style-type: none">- that the difference between boys and girls is part of God's creative and loving work- vocabulary to describe menstruation- to celebrate the difference between boys and girls
Social	<ul style="list-style-type: none">- what the Church teaches in relation to personal responsibility and the dignity of the person- to take responsibility for their personal hygiene- how to manage socially awkward situations
Emotional	<ul style="list-style-type: none">- how the Church recognises the importance of our emotions and how they can shape our actions- to identify a wide range of feelings in themselves and others- to take responsibility and manage their feelings appropriately- an awareness of the responsibility we have towards each other
Spiritual	<ul style="list-style-type: none">- that our spiritual relationship with God links together and transforms all aspects of our person- the basics of authentic friendship with others and God- when they do and do not feel comfortable with themselves- to identify when confidentiality is and is not appropriate

Focus	Learning Objectives for Year 6
The Road Ahead, Recap and Reprise	<p>The first episode is a reprise of the Year 5 resource that looks at the Individual, Physical, Social, Emotional and Spiritual aspects of the human person.</p> <ul style="list-style-type: none">- to recap on the 5 episodes in the Year 5 Resource- to reprise female physical development
The Road Ahead, Your changing bodies - Boys	<ul style="list-style-type: none">- to have knowledge and understanding of male physical development
The Road Ahead, Personal Behaviour	<ul style="list-style-type: none">- to have self-confidence and skills- to translate these into personal behaviour in a range of situations such as making new friends

Yours sincerely,

Mrs Snejberkova-Taylor
Acting Headteacher