

Acts of Worship

Virtue: Kindness

I know that every act of kindness helps build God's Kingdom

Gathering together

Focal point:

White cloth (Eastertide)

Risen crucifix

Candle

Lectionary/Bible

Word: Ephesians 4:32

'Instead, be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ.'

Response to/reflection on the Word

What does 'kindness' mean?

Give time for quiet reflection. Share the following quote, from St Teresa of Calcutta, displaying an image of her:

"Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile."

Remind the children that it is the simple acts of kindness, in words, actions and expressions that make a difference to people's lives.

Going forth

What simple act of kindness can you do this week?

Ideas for music:

Jesus said, love everybody

Love one another

Be not afraid

'Kindness' – Fischy music

Treat people with kindness – Harry Styles
