

Fruits of the Holy Spirit

Reflection

Think of a time when the Holy Spirit was evident in your life through your actions towards others. Write an example for each of the Fruits of the Holy Spirit.

I showed joy when...

I showed love when...

I showed peace when...

I showed kindness when...

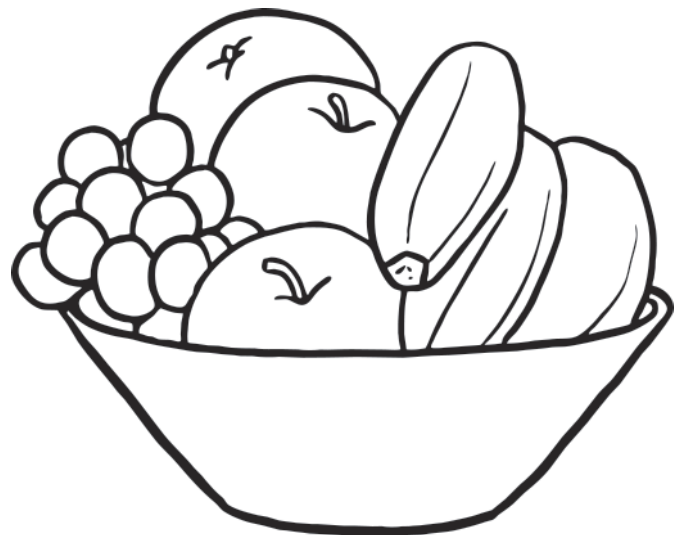
I showed patience when...

I showed goodness when...

I showed trustfulness when...

I showed self-control when...

I showed gentleness when...



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Your Future and the Fruits of the Holy Spirit

Thinking of the future and continuing your commitment in living as Jesus asked you to, can you think of some ways in which you could further develop the Holy Spirit in your daily life?

I will show joy by...

I will show love by...

I will show peace by...

I will show kindness by...

I will show patience by...

I will show goodness by...

I will show trustfulness by...

I will show self-control by...

I will show gentleness by...

