

Acts of Worship

Virtue: Kindness

I know that every act of kindness helps build God's Kingdom

Gathering together

Focal point:

White cloth (Eastertide)

Risen crucifix

Candle

Lectionary/Bible

Word: Ephesians 4:32

'Instead, be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ.'

Response to/reflection on the Word

What does 'kindness' mean?

Give time for quiet reflection. Share the following quote, from St Teresa of Calcutta, displaying an image of her:

"Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness; kindness in your face, kindness in your eyes, kindness in your smile."

Remind the children that it is the simple acts of kindness, in words, actions and expressions that make a difference to people's lives.

Going forth

What simple act of kindness can you do this week?

Ideas for music:

Jesus said, love everybody

Love one another

Be not afraid

'Kindness' – Fischy music

Treat people with kindness – Harry Styles

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Word: Hebrews 13:16

'Do not forget to do good and to help one another, because these are the sacrifices that please God.'

Response to/reflection on the Word

Look at the picture (below). Can the children act this scene out? How could it change? How could we show kindness? Re-act the scene again including children's suggestions. How does this show that we are 'doing good'?

What does kindness look like in our school?

What other virtues do you need to be kind? E.g. courage, patience, perseverance etc.

How does an act of kindness make people feel?

Can we think of a time when Jesus showed an act of kindness?

How can we be like Jesus?

Closing prayer:

Father God,

Help us this week within our school family to show kindness to all those we meet. Give us strength and courage to follow the loving example of your son, Jesus in all that we say and all that we do.

We ask this prayer, through Jesus Christ, our Lord.

Amen

Going forth

Be a modern day disciple in your life this week and follow the example of Jesus, showing kindness to others.

Ideas for music:

Jesus said, love everybody

Love one another

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Image:

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Images of the Holy Spirit

Word: John 14:15-21

"If you love me, you will obey my commandments. I will ask the Father, and he will give you another Helper, who will stay with you forever. He is the Spirit, who reveals the truth about God. The world cannot receive him, because it cannot see him or know him. But you know him, because he remains with you and is in you.

"When I go, you will not be left all alone; I will come back to you. In a little while the world will see me no more, but you will see me; and because I live, you also will live. When that day comes, you will know that I am in my Father and that you are in me, just as I am in you.

"Those who accept my commandments and obey them are the ones who love me. My Father will love those who love me; I too will love them and reveal myself to them."

Response to/reflection on the Word

Play reflective music/ taize:

Do we let the Holy Spirit into our lives?

How can we let the Holy Spirit guide us and help us?

Give the children time to pray to the Holy Spirit and ask the Spirit's help to give them courage to be kind.

Going forth

Give an outline of an image of a dove. They will take it with them, home for the holidays. They can write their own prayer on it asking the Holy Spirit to give them the 'courage to be kind'.

Acts of Worship

Ideas for music:

God's Spirit is in my heart

Walk in the light

When I needed a neighbour

'They live in you' The Lion King